

# HOW TO PACK

## LAUNDRY AT CAMP:

Worried about packing for a 5 week stay? Don't be! Laundry will be done 3 times during a camper's Crew session, so plan to pack clothes for about 10 days.

Unscheduled laundry will only be done in case of an emergency. Eagle Lake is not responsible for lost laundry, so make sure you label each item of clothing so that it doesn't get mixed up in the wash!



### PLEASE NOTE:

Crew campers are required to wear closed-toed shoes and a hat when working, and long pants must be worn while working in the kitchen and on Outdoor Crew.

## Clothing Policy:

Because we want to create a safe environment that allows campers to focus on building friendships, only modest clothing is permissible.

For **females** this excludes:

- Strapless or spaghetti strap tops
- Short shorts (4 inch inseam or less)
- Sheer tops
- Leggings worn as pants

For **males** this excludes:

- Pants or shorts worn exposing boxers/underwear
- Shirts must be worn at all times unless participating in beach activities



**Campers will be asked to change if they do not dress appropriately.**



# PACKING LIST

## What to Bring:

- Sleeping bag (30 degrees or warmer)
- Pillow
- Backpack (i.e. school backpack)
- Battery operated alarm clock
- Watch (NOT a smart watch)
- Flashlight or headlamp with extra batteries
- 4-5 pairs of jeans
- 7-8 t-shirts
- 2-3 long sleeve t-shirts
- Work clothes (2 sets available to get dirty)
- 2-3 sweatshirts
- Nice clothes for Banquet Night
- 2-3 shorts
- Swimsuit
- Socks and underwear
- Laundry bag (mesh or cloth)
- Hat (i.e. baseball cap)
- Rain jacket
- Warm jacket
- Sandals with backstrap (i.e. Chacos)
- 2-3 pairs of closed-toed shoes
- Sunscreen
- Chapstick
- Toiletries and tote
- 2 towels (1 beach towel, 1 bath towel)
- Water bottle

## Optional Items:

- Disposable camera (no phone cameras)
- Fishing pole
- Hammock
- Sunglasses
- Running gear
- Letter writing materials
- Shower shoes
- Books
- Small rug

## Do NOT Bring:

- Electronic devices (phones, etc. If campers need to bring phones for travel, we will safely store them for the duration of the session)
- Pocket knives (or weapons of any kind)
- Cash/wallet
- Gum

## Swimwear:

Please send boys with swim shorts and a sunshirt or some other shirt they can wear outside of the water.

Please send girls with a swimsuit that covers the midriff.

These policies are in place to protect your camper from sunburn, skin abrasions while participating in our high adventure water activities and to encourage modesty.

